

LunaGrown Apple Jam

Nutrition Facts

18 servings per container

Serving size 1 Tbsp (15g)

Amount Per Serving

Calories 20

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 5g 2%

Dietary Fiber 0g 0%

Total Sugars 4g

Includes 4g Added Sugars 8%

Protein 0g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: APPLES, PURE CANE SUGAR, WATER, LESS THAN 2% OF: PECTIN, CITRIC ACID, VANILLA, CINNAMON, NUTMEG

LUNAGROWN JAM PO BOX 621
CUDDEBACKVILLE NY 12729