

LunaGrown Blueberry Jam

Nutrition Facts

18 servings per container

Serving size 1 Tbsp (14g)

Amount Per Serving

Calories 20

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 5g 2%

Dietary Fiber 0g 0%

Total Sugars 4g

Includes 3g Added Sugars 6%

Protein 0g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Blueberries, Blueberry Juice, Pure Cane Sugar, Less Than 2% Of: Pectin, Citric Acid

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